<u>Intent</u>

At St. Mary's Primary School, good relationships are fundamental to our ethos and our success in being a happy, caring and safe school. Relationships and Sex Education (RSE) is lifelong learning about relationships, emotions, looking after ourselves, different families, sex, sexuality and sexual health. We aim for the children in our school to acquire the appropriate knowledge, develop their skills and form positive beliefs, values and attitudes. RSE has a key part to play in the personal, social, moral and spiritual development of our young people.

Implementation

RSE is taught as explicit lessons through the PSHE and science curriculums but is also embedded in other areas of the curriculum and day-to-day life of the school. In PSHE, RSE is specifically covered in the 'red' units, 'Relationships', and in science 'Animals Including Humans' and 'Living Things and Their Habitats' also cover the statutory requirements (SEE Lower & Upper Programmes of Studies); other elements are also covered in the Religious Education curriculum including assemblies.

Children are taught by familiar adults who they have a good rapport with, in order to facilitate constructive and supportive discussions around sensitive topics in a safe and secure environment. Staff have received in-house CPD to support them in responding to the needs of the individual child and support children with any questions or concerns they may have. If staff feel uncomfortable or unsure when delivering the RSE curriculum or dealing with individual pupil needs, they know where to seek advice and support.

The RSHE curriculum has been mapped out clearly in the progression grids for PSHE and science which ensure coverage of all the statutory elements by the end of the primary phase; these are delivered at the appropriate stage for our children.

Assemblies, themed days, visits and visitors (eg. NSPCC, the school nurse) are used to support the teaching.

Our high expectations of behaviour, interpersonal relationships, respect and tolerance of others reflect the British Values upheld in both our community and the wider world. Through our rigorous and progressive curriculum, children develop key skills and are prepared for the wider world beyond primary school, a world in which they can keep themselves safe and healthy and thrive with the support of the positive relationships they forge with those around them.

	Autumn 1		Autumn 2 S		pring 1 Spri		ing 2 Sumr		ner 1 Sumn		er 2
	September	October	November	December	January	February	March	April	May	June	July
Bible Quote and Values Year 1	"I am the Lord. The God of all people. Nothing is too difficult for me." Jeremiah 32:27 Be Determined	"Every good and perfect gift is from above." James 1:17 Be Generous	"Be joyful in hope, patient in affliction, faithful in prayer." Roman 12:12 Be Patient	But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people." Luke 2:10 Be Joyful	"Therefore, if anyone is in Christ, the new creation has come: the old is gone, the new is here." Corinthians 5:17 Be Curious	"God is love. Whoever lives in love lives in God, and God in him." Ephesians 4:2 Be Loving	"Be good, lend, and expect nothing in return and your reward will be great." Luke 6:35 Be Kind	"Whoever wants to be first must be last of all and servant of all." Mark 9:35 Be Humble	"Blessed are the peacemakers, for they shall be called sons of God." Matthew 5:9 Be Peaceful	"Let your yes be yes and your non be no so that you may not fall under condemnation." James 5:12 Be Honest	Bear with one another and, if anyone has complaint against another, forgive each other; just as the lord has forgiven you so you also must forgive." Colossians 3:13 Be Forgiving
Year 2	"Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." Joshua 1:9 Be Courageous	"Give thanks to the Lord, for he is good, his love endures forever." Psalm 118:1 Be Grateful	"Faith can move mountains." Matthew 17:20 Be Faithful	"We have this hope as an anchor for the soul, firm and secure." Hebrews 6:19 Be Hopeful	"For nothing will be impossible with God." Luke 1:37 Be Persevering	"With all humility and gentleness, with patience, bearing with one another in love." Ephesians 4:2 Be Tolerant	"Foolish people let their anger run wild. But wise people keep themselves under control." Proverbs 29:11 Show Self- Control	"A friend loves at all times." Proverbs 17:17 Be Friendly	"So, in everything, do to others what you would have them do to you." Matthew 7:12 Be respectful	"There is neither Jew nor Greek, there is neither slave nor free, there is no male and female,for you are all one in Christ Jesus." Galatians 3:28 Be Fair	

YR R/Y1/2	What is the same and different about us?	What helps us stay healthy?	Who is special to us?	What helps us stay healthy?	Who helps to keep us safe?	What can we do with money?	
YR R/Y1/2	What makes a good friend?	What helps us grow and stay healthy?	What is bullying?	What helps us to stay safe?	What jobs do people do?	How can we look after each other and the world?	
Y3/4	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	
Y3/4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?	
Y5/6	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?	
Y5/6	How can we keep health	y as we grow?	How can the media influe	ence people?	What will change as we become more independent? How do friendships change as we grow?		

Red-RelationshipsGreen- Health and WellbeingBlue-Living in the Wider World

Impact

- We are proud of the PSHE / RSE work that we deliver at St. Mary's, the evidence being seen through the wellrounded, confident, tolerant and independent pupils that leave us at the end of year 6.
- The pupils' attitude, behaviour, and demeanour around school, within lessons, at playtimes' and out in the community demonstrates the respect, tolerance and high aspirations that our pupils have of themselves and each other.

'Teaching is good, behaviour is excellent and community links are very strong.' OFSTED 2017

• High Attendance.

'Since the beginning of the 2016/17 academic year, more than half the pupils at the school have over 98% attendance and around one quarter have yet to miss a single day' OFSTED 2017

- Low obesity levels.
- Pupils leave us ready for their next step into Secondary school and are armed with skills, knowledge and understanding that they can take forward into adulthood.
- Our pupils leave us prepared for life in an ever-changing modern Britain. They have the tools they need to succeed, keep themselves safe and thrive.

We continuously assess the implementation and impact of our RSE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to have a good understanding of the complexities of relationships and sexual matters and a secure knowledge and skills base to navigate their way through these, now and in the future. Through our RSE curriculum, we believe we can enhance children's education and help them to become confident individuals who have positive body awareness, an in-depth knowledge of how to keep themselves safe and healthy and who will, through respect, tolerance and understanding, forge and maintain positive relationships with a diverse range of family and friendship groups.